

# CAMP CHECKLIST



## **Medical Supplies**

- Prescription medications
  - Vitamins
- Bug spray
- Ointment for bug bites
- Retainer
- П Sunscreen
- Cough drops
- Band-Aids
- Contact lenses/glasses
- Lip balm

# **Sleep Essentials**

- Pillow
  - Extra pillow cases
- Fitted sheet
- Sleeping bag
- Favorite blanket
- Stuffed animals/"comfort" items
- Pajamas
- Slippers/slipper socks
- Books/magazines

# **Personal Hygiene**

- 2-3 bath towels
- Swim towel
- Wash cloths П
- Deodorant
- Shampoo/conditioner
- Body wash/soap
- Hair brush
- Hair dryer
- Hair bands
- Toothbrush
- Toothpaste
- Shower caddy



## **Miscellaneous**

- Disposable camera
- Extra cash



- Sturdy Sandals
- Flip-flops
- Old sneakers
- Rain boots
- Socks П
- П Underwear
- Swimsuit(1 piece)
- Swim cover-up
- Light jacket
- Rain jacket П
- П Sweatshirt
- Shorts П
- Jeans
- T-shirts
- Athletic T-shirt

Athletic shorts

1 "nice" outfit



### **Accessories**

- Hat
- Sunglasses
- П Swim goggles
- Poncho
- П Reusable water bottle
- Pens/stationery
- Journal
  - Backpack/camping pack



